

DAU 5-12 Psychological and Social Advising Policy

Policy Code	Policy Name		
DAU 5-12	Psychological and Social Advising Policy		
Responsible Executive	Current Revision Date	Next Revision Date	
-Student Support Center -Deanship of Admission, Registration and Student Affairs	10/ 2023	10/2027	

1. Policy Purpose

This policy's primary goal is to outline the university's dedication to providing students with psychological and social counseling. It looks out for the social welfare of the students and guarantees adherence to all relevant legislation.

2. Policy Scope

DAU applies this policy for all students in all colleges.

3. Policy Statement

Psychological and Social Advising office

When academic difficulties that are related to personal issues appear, Students are often referred by a faculty member to this office. These Counselling visits must be confidential with professional and responsible advisors. Some common Social and Psychological issues that students may deal with in the Advising Meetings:

- Decision making
- Procrastination
- Communication difficulties
- Self-esteem
- Interpersonal conflicts
- Stress management
- Personal relationships
- Physical/emotional abuse
- Anxiety
- Depression
- Other areas of personal concern may also be explored in the counseling meeting

Services provided by the Psychological and Social Advising Office

- Preparing awareness-raising programs and implementing plans to help students to enhance and develop their personalities and skills.
- Amend some of the incorrect behaviors of students through rehabilitation and therapy sessions.
- Establish a flagging and tracking system for the students with low GPA, low academic progress, high absenteeism because of the psychological problems they face.
- If the student needs additional assistance the student can be referred to psychiatric evaluations.

Psychological and Social Advising Office ensure the following:

- *Confidentiality*: To maintain feelings of trust and safety, student-counseling visits are considered confidential.

- *Auxiliary Provision* : A student who encounters difficulties during their studies may apply to the Student Advising Center for individual treatment.
- *Appointment availability*: Currently enrolled students at DAU may contact or visit the Student Advising Center to schedule an appointment.

Note: In case of student who has hard, and specific psychological case DAU contact a professional Psychological Medical Center in which students can be counseled.

4. Related Policies/ Documents/ Forms

DAU 5-18 Student Support Center Policy

5. Document History

Version	Issue/ Rev. Date	Updated Information/ Summary of Changes
1	10/2023	1 st issue of the policy